

Pastries & toast

Croissant	£2.00
Pain au chocolat	£2.30
Almond Croissant /pain au raisin	£2.40
Toast with jam, marmalade, Marmite, peanut butter or honey	£2.95
French toast & blueberry compote	
	£5.50

Organic Granola
with blueberry compote
& Greek yoghurt

Organic porridge
with honey & toasted
seeds
£5.50

DRINKS

<i>Espresso, Americano, macchiato</i>	£2.60
<i>Cappuccino, latte, flat white</i>	£3.10
<i>Mocha, hot choc</i>	£3.10
<i>Iced coffee</i>	£3.40
<i>Breakfast, Earl Grey</i>	£2.50
<i>Birchall's fruit & herbal teas</i>	£2.90
<i>Orange or apple juice</i>	£2.65
<i>Bottled water</i>	£1.95
<i>Coke / Diet Coke</i>	£1.95
<i>San Pellegrino</i>	£2.45
<i>Whole Earth</i>	£2.95
<i>LA Kombucha</i>	£3.95
<i>House wine, glass</i>	£6.50
<i>Prosecco 200ml</i>	£6.50
<i>Canopy Beer. Lager / IPA</i>	£4.00
Smoothies	£4.50 / £4.00
<i>Fruits of the forest, chia seed & honey.</i>	
<i>Apple, ginger, mint & turmeric.</i>	
<i>Homemade peach & basil cordial</i>	£3.00

ALL SORTS OF EGGS

<i>Eggs Benedict; poached eggs, ham & hollandaise sauce</i>	£9.95
<i>Eggs Royale; smoked salmon & hollandaise sauce</i>	£9.95
<i>Scrambled eggs & smoked salmon on toast</i>	£8.95
<i>Fried eggs on toast with bacon & tomato</i>	£8.95
<i>Boiled eggs x 2 with soldiers</i>	£5.95

We use freshly laid free range organic eggs from Rookery Farm in Sussex.
Extras @ £3; egg, bacon, ham, crushed avocado, spinach, tomato & halloumi

PLATES

Chilled gazpacho soup, toast	£6.95
Avocado on sourdough, pumpkin seed salad, poached egg	£8.95
Olive, anchovy & onion or, broccoli, cauliflower & stilton tart with salad & house slaw	£8.95
Classic BLT on granary toast with mayo & house slaw	£6.95
Smoked salmon & cream cheese on toasted sourdough with pickles & house slaw	£9.45

Olives

bowl of Kalamata
olives £4.50

Salads

<i>House mezze, 3 salads, houmous, olives & toast</i>	£10.95
<i>Ploughman's lunch with British cheese, ham, apple, bread, homemade slaw & piccalilli</i>	£10.95
<i>Halloumi salad with avocado, pomegranate & toasted seeds Crispy bacon</i>	£3 £10.95

TODAY'S SPECIAL

Tortelli filled with squash, thyme & sage in a herb butter £10.95

**Are you allergic to something? Please tell
us before you order.**

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